

CERTIFICATE OF PARTICIPATION

This is to certify that

Erica Humphries

Has successfully participated & completed the

5km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:07:14

PACE 13:25/km

GENDER 51 of 66

OVERALL 80 of 97

40 - 49 8 of 9

23 June 2019, Sun

Date



BoutTime

Signature

